



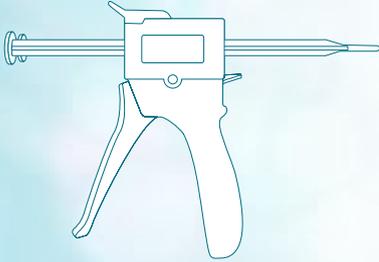
ProClear™

IMPRESSION GUIDE

# INSIDE YOUR IMPRESSION KIT:

1

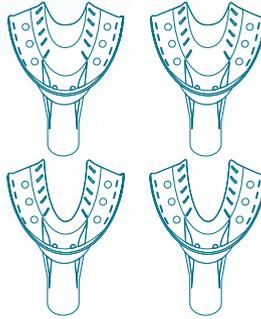
ProClear™ Extruder Gun



2

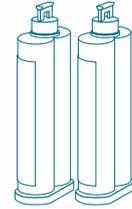
2 Sets of  
Impression Trays

A pair of Impression trays for  
your upper row and a pair for  
your lower row of teeth.



3

Two ProClear™  
Impression Cartridges



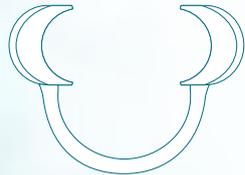
4

Five ProClear™  
Mixing Tips



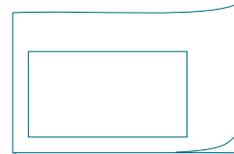
5

One Oral Cheek Retractor



6

Impression Instruction Booklet  
& Customer Name Card



7

Each ProClear™  
Impression Kit includes  
a Return Shipping Label  
and Seal

*(Items not shown).*

# HELPFUL TIPS

We recommend reading the booklet before you begin. This is to help you familiarize yourself with the process involved in each step.



## MAKE A GOOD IMPRESSION

Remember to bite all the way to the tray. Be precise and diligent while applying consistent, even pressure.



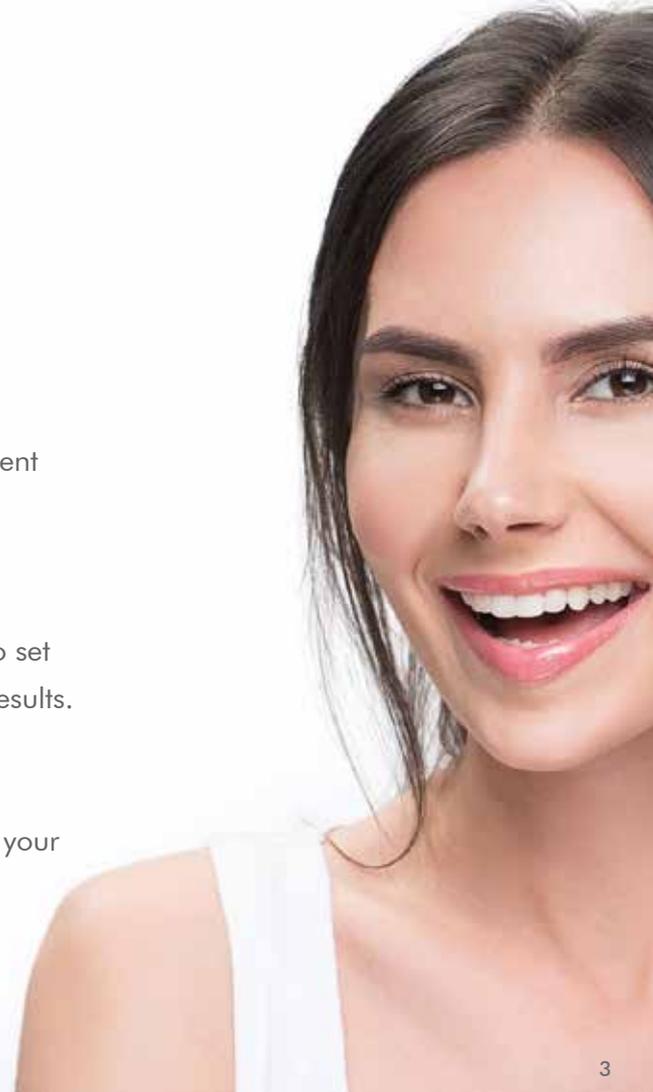
## SET YOUR TIMER FOR ACCURACY

After placing the impression tray in your mouth, remember to set your timer for the recommended length of time for the best results.



## BE PHOTO READY

After your impressions are made, find a well-lit room to take your photos and upload them to your online account.



# PREPARING FOR YOUR IMPRESSIONS

## "TO DO" ITEMS BEFORE YOU BEGIN

Before you get started, we suggest testing the impression trays for proper fit and prior to adding any impression material. Trays that are too big or too small could result in an inaccurate impression. If you find that your impression trays are not a good fit please visit [www.ProClearAligners.com/support](http://www.ProClearAligners.com/support) for return information or email us at [Support@ProClearAligners.com](mailto:Support@ProClearAligners.com).



- 1 Brush your teeth for best results.
- 2 Have a towel nearby just in case
- 3 Set your timer for accuracy and the best results.

# MAKING THE PERFECT FIRST IMPRESSION

## IMPORTANT STEPS BEFORE YOU BEGIN

The kit comes with two sets of impression trays—2 trays for your upper row of teeth and 2 for the lower. This provides you with two opportunities to get the best impressions.

### STEP 1

Attach the included cartridge to the extruder gun and connect one of the 5 mixing tips provided. Express at least one inch of impression material to ensure uniform mixing.

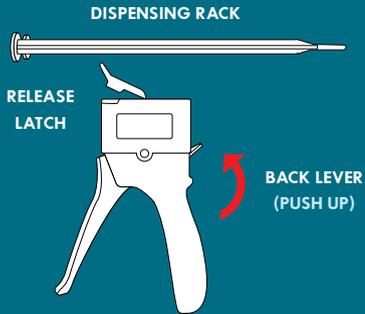


For best results, test fit your impression trays for use before adding the impression materials.

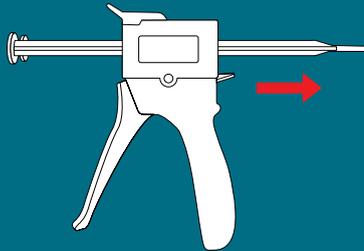
FIGURE: 1

# EXTRUDER GUN ASSEMBLY

- 1 Attach the dispensing rack by pushing the back lever up and inserting the rack into the dispenser housing.

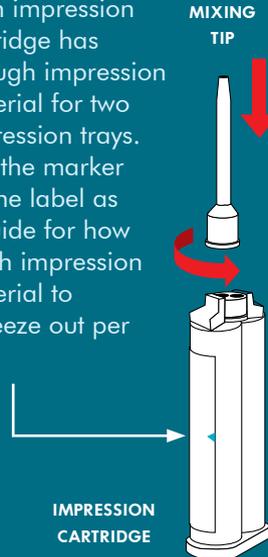


Push the rack all the way to the back of the dispenser housing.

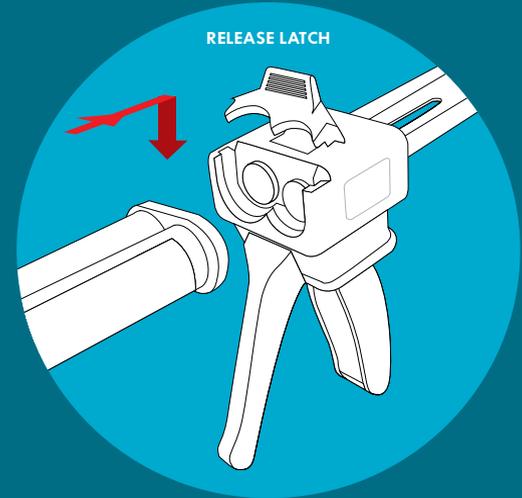


- 2 Remove the cap from the impression cartridge and connect the mixing tip to the cartridge by pushing it down into place then twisting it to securely lock it in position.

Each impression cartridge has enough impression material for two impression trays. Use the marker on the label as a guide for how much impression material to squeeze out per tray.



- 3 Attach the cartridge with tip to the extruder gun by lifting the release latch at the top of the dispenser housing. Slide the cartridge into place and close the latch.



**NOTE:** Squeeze out at least one inch of impression material to ensure a uniform mixture.



## STEP 2

Squeeze the impression material from the cartridge onto the tray up to the mark indicated on the label. Our mixing tip will ensure a consistent even mixture. Carefully place the tray in your mouth, aligning it before pressing it into place. Do not bite into the tray. Instead, use your fingers to apply equal pressure under and around the tray, pushing the impression material up against your teeth and gumline.

After placing the tray, set your timer for **4 minutes**, while the impression material begins to harden around your teeth and gums. After the timer goes off, slowly and carefully remove the tray by the handle. If you notice any mistakes simply correct them with your second attempt then move on to the next steps. For common impression mistakes to avoid, see **Page 8**.

Please note that the impression material has been pre-measured for each of your 4 impression. Each impression cartridge has enough impression material for two trays. Use the marker on the cartridge as a guide.



FIGURE: 2

Equal pressure is critical to capturing the perfect impression. You should feel the impression material around your teeth and gums.

It is normal for the tray to stick to your mouth. Simply rock it back and forth slowly by the handle to loosen and carefully remove.

### STEP 3

After you have reviewed the results of your first impression, simply rinse and clean your mouth to prepare for your second impression of your opposite row of teeth. Repeat the instructions in **STEP 2**. Correct any mistakes you may have made during your first attempt.

#### COMMON IMPRESSION MISTAKES:

FIGURE: 3



**TOO CLOSE TO TRAY  
WITH POORLY  
DEFINED MARGINS**

FIGURE: 4



**TOOTH CONTACT  
WITH IMPRESSION  
TRAY & INCONSISTENT  
PRESSURE**

FIGURE: 5



**MULTIPLE  
IMPRESSIONS**

#### A GOOD IMPRESSION

FIGURE: 6



**CLEAR IMPRINT  
OF TEETH**

**DISTINCT  
GUMLINE**

## STEP 4

Once you have completed your impressions (two of your upper row of teeth and two for your lower row) fill out the name card provided in your kit. Complete all fields on the name card with your full name and mailing information. The next step is to take and upload your photos online.

Use your included cheek retractor as shown in **FIGURE: 7** to expose your complete smile. This will help us assess your bite and design your custom aligners. Be sure to use a well lit room to take your photos. You will need to take a total of three close-up pictures of your smile wearing the cheek retractor. See our photo tips on **Page 8** for best results.

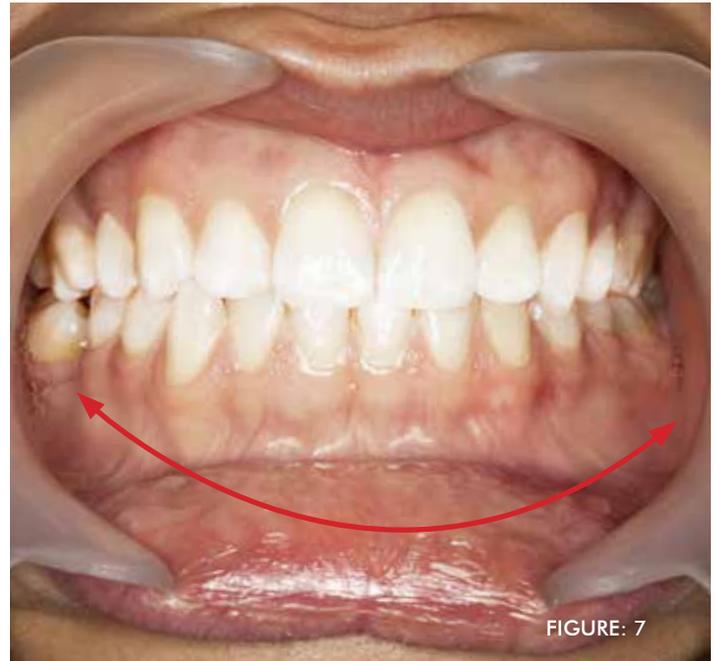
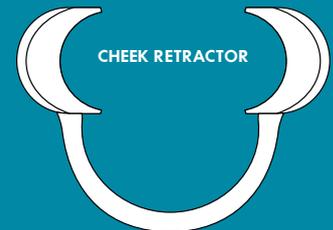


FIGURE: 7

Carefully place each impression in the individual zip sealed bags provided, for added protection during shipment. Be sure to also include your name card so we can link your impressions to your online account.

The provided cheek retractor is used to expose your complete smile without any obstruction.





## PHOTO TIPS

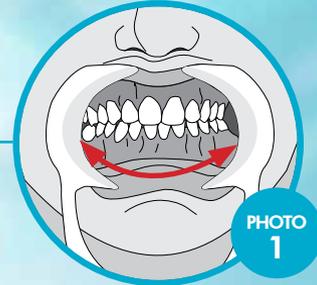
For best results, we recommend taking the photos in a well-lit environment. Be sure to have your teeth closed in your natural bite. You will need to take a total of three clear close-up photos of your smile:

- 1 Front view of smile
- 2 Right side view
- 3 Left side view



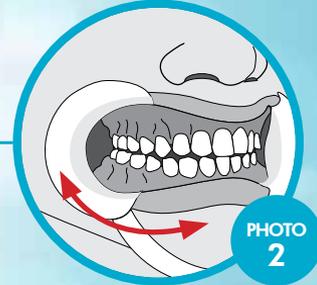
**FRONT VIEW**  
(natural bite)

FIGURE: 9



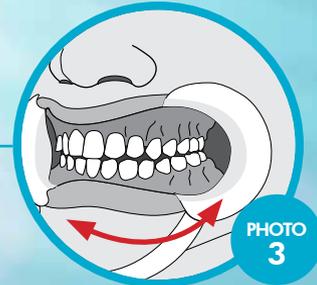
**RIGHT VIEW**  
(teeth closed)

FIGURE: 10



**LEFT VIEW**  
(teeth closed)

FIGURE: 11



# UPLOAD YOUR PHOTOS ONLINE

## CREATE YOUR ONLINE ACCOUNT

Once you have taken your photos, log onto **www.ProClearAligners.com**, select the 'my account' link on the top right menu to register your ProClear™ Aligners online account and upload your photos. Be sure to use the same name and mailing information you used on your customer name card provided in your ProClear™ Impression Kit.

If you are not pleased with your photos you can always re-take them or replace the ones you have uploaded to your ProClear™ Aligners online account.



## AROUND THE CLOCK ONLINE SUPPORT & ACCESS

Have additional questions? You can check out our online FAQs and tutorials for 24/7 access and support by visiting **www.ProClearAligners.com/support**.

As a ProClear™ Aligner member you will also have access to our online store with access to additional products including ProClear™ whitening gel refills and other ProClear™ accessories.

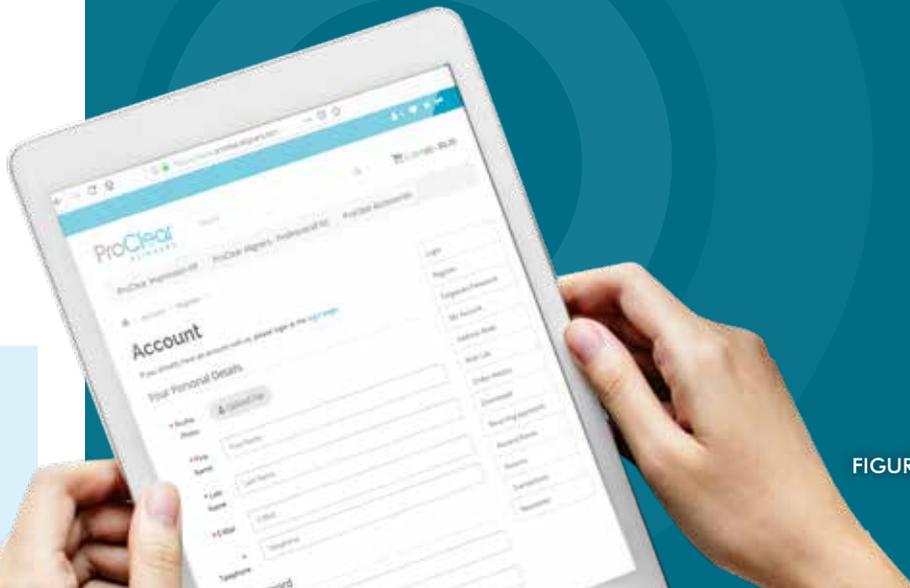


FIGURE: 12

## SHIP YOUR PROCLEAR™ IMPRESSION KIT BOX

Do not dispose of your impression kit box. It will be used with your return shipping label to mail your impressions back to us.

Be sure to empty all contents of the box including the individual box pieces before shipping.



FIGURE: 13

## STEP 5

Now that you have completed your online account and uploaded your photos, find the return label provided in your kit. Use your impression kit box as your return shipping box. Make sure that all contents of the box have been removed and only ship the following items listed below:

- 1 Your two sets of impressions - 4 total
  - 2 Impressions for your upper row of teeth
  - 2 Impressions for your lower row of teeth
- 2 Your completed name card. Your name and address information should be the same as in your online account.

Follow the shipping instructions on your return shipping label, seal the box and ship it back to us.

# SHIPPING INSTRUCTIONS

## PACKAGING YOUR IMPRESSION TRAYS AND NAME CARD FOR RETURN SHIPMENT

Carefully review the information on the return shipping label. For added protection, place your impression trays in individual zip sealed bags. Put all four impression trays in your impression kit box along with your completed customer name card. Close the box and seal it with the special sticker provided as shown below.



Affix the return shipping label as shown in **FIGURE: 14**. Afterward just drop the box off to be mailed and let us take care of the rest. That's it!

Special sticker provided to seal box closed.

FIGURE: 14

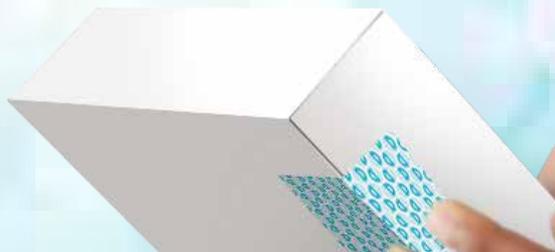


FIGURE: 15

# FREQUENTLY ASKED QUESTIONS

## **Am I responsible for shipping costs?**

No. There is no cost to ship the impressions back. Included in your ProClear™ Impression Kit is a return shipping label to be used with your impression kit box.

## **What do I do with the other kit contents?**

Keep them. All the contents in your impression kit belong to you. It is recommended that you keep the extruder gun and unused mixing tips until you have received confirmation that your impressions are ideal for designing your ProClear™ custom, cosmetic aligners. You can discard any used, unwanted materials including open impression cartridges and used mixing tips.

## **What if my impressions are not good enough?**

Request a redo kit. Not to worry, if your impressions were not ideal for designing your custom aligners, we recommend you log into your online account to purchase a 'Redo Kit', this includes 2 sets of impression trays, to impression cartridges and five mixing tips. Redo Kits are provided at a discounted rate only to customers who purchased our ProClear™ Impression Kit.

### **After mailing in my impressions, how long until I receive my aligners?**

It takes 4-6 weeks on average.

### **When and how long do I wear my ProClear™ Aligners?**

Everyday. Wear your ProClear™ Aligners daily as outlined in your custom plan. They may be removed for eating, drinking, brushing your teeth and cleaning.

### **What type of results should I expect after completing my ProClear™ Custom Plan?**

Best results are achieved on the users adherence to their custom guide including the length of time the aligners are worn for.



#### **NEED ADDITIONAL HELP?**

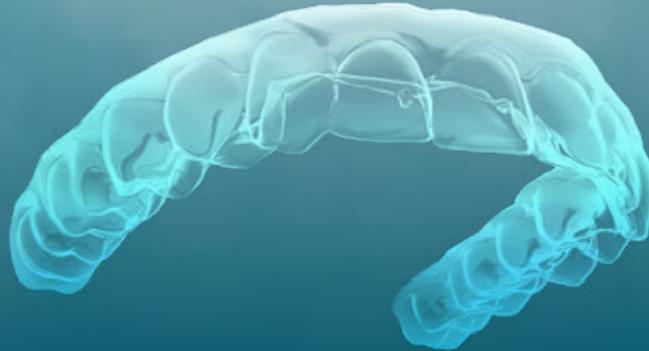
Visit us online for additional help,  
including tips and tutorials please visit  
[www.ProClearAligners.com/Support](http://www.ProClearAligners.com/Support)



#### **SHOP KITS & ACCESSORIES**

Order your ProClear™ Aligner Kit  
whitening gel refills online at  
[www.ProClearAligners.com/Shop](http://www.ProClearAligners.com/Shop)

**ProClear**<sup>™</sup>  
ALIGNERS



The Professional Way To Get a Beautiful Smile  
Without Going To The Dentist

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